

Milbridge Commons Wellness Park Event Policy

Milbridge Commons Wellness Park (“the Park” or “Milbridge Commons”) is owned by Maine Coast Heritage Trust (MCHT). Programming at the Park is managed by Women for Healthy Rural Living (WHRL).

The Park is open to individuals and groups. Due to the small size of the property and the fact that Milbridge Commons is a public place for all to enjoy, we cannot accommodate large private gatherings. However, anyone wishing to have a private gathering may have access to Milbridge Commons on a first-come, first-served basis, with the following limitations:

- Check in with Women for Healthy Rural Living at info@whrl.org to ensure WHRL or MCHT does not already have a community event planned.
- The general public shall not be prevented from accessing Milbridge Commons during a group gathering.
- Gatherings must follow all Milbridge Commons use guidelines (for guidelines, please visit <https://whrl.org/programs/commons/>)
- Caterers are not allowed to set up on-site. This does not prevent people from bringing off-site prepared food to Milbridge Commons, provided everything brought in is brought out, including all waste generated by the event. There is no public kitchen available.
- No tents, extra tables and chairs, fires, grills, or other on-site cooking appliances are allowed without prior written permission from WHRL.
- No sound systems/stereos and amplifiers for loud music are permitted.
- We request that carpooling be arranged for any event that will utilize more than 10 parking spaces to avoid overwhelming the parking space and excluding other members of the public from the Park.

Updated: 25 August 2025