

Elaine Hill

LOVE A NURSE
5K Walk/Run



Register online at
whrl.org/5k

Pre
Registering
by April 17
Guarantees a
Race T (5K only)

Date: Saturday, May 4, 2019

Place: Park at the Milbridge Town Marina
on Bayview Street, registration at race start

Time: 8:45-9:30 registration
9:30 am Fun Run
10 am 5K Walk/Run
11 am Awards and post race refreshments

Course: 5K (3.1 miles) begins/ends at the corner of Bayview and Fickett's Point Road

Entry Fees: \$15 for the 5K, \$5 for the Fun Run

What You Get: Ts guaranteed to 5K pre-registered by April 17, post race refreshments

Awards: CASH PRIZES to the Top 3 5K finishers for male and female (\$100, \$50, \$25)
and Ribbons to the top 3 Fun Run finishers

Name: _____
Address: _____
City: _____
State: _____
Zip: _____
Email: _____

Phone: _____
Age: _____
Gender: Female Male
Race: 5K (\$15) 1-Mile Fun Run (\$5)
T-shirt size (adults) S M L XL XXL
No t-shirt, please!

I am registering as: An Individual Part of Team: _____

In consideration of this entry being accepted I for myself, my heirs, executives & administrators waive and release any and all rights and claims for personal damages I may have against race officials, directors and sponsors. I attest and verify that I have full knowledge of the risks in this event and I am physically fit to participate in this event. I hereby release all those assisting with the Elaine Hill Memorial Walk and 5K from any liability for any injury occurring as a result of my participation in this race.

Signature: _____ Date: _____

If under 18, parent or guardian's signature: _____

Make checks payable to: "WHRL/Scholarship"
Mail to: Women's Health Resource Library
PO Box 463, Milbridge, ME 04658

Women's Health
Resource Library

Proceeds benefit
the Elaine Hill Memorial
Nursing Scholarship!